

Belgian Respiratory Physiotherapy Day 2025

Final programme



Saturday 13 December 2025

AM

08:30 Welcome and registration

09:20 Welcome message & introduction
Prof. Chris Burtin (UHasselt) - Chair BeRS WG Respiratory Physiotherapy

CHAIR: PROF. HELEEN DEMEYER

09:30 **SESSION 1 - COPD EXACERBATIONS**
Airway clearance techniques
Dr. Arietta Spinou (King's College London)
Exercise options in highly symptomatic patients
Prof. Chris Burtin (UHasselt)

10:45 Coffee-break

11:15 **SESSION 2 - HOT TOPICS IN MEDICAL TREATMENT**
Lung volume reduction interventions
Prof. Stephanie Everaerts (UZLeuven)
Bronchiectasis
Prof. Eva Van Braeckel (UZ Gent)

12:30 LUNCH

PM

CHAIR: PROF. CHRIS BURTIN

13:45 **SESSION 3 - BREATHING PATTERN DISORDERS**
Breathing: when does it go wrong
Dr. Kris Ides (UA, UZA & Medimprove)
Breathing retraining
Mrs. Lizzie Grillo (Royal Brompton and Harefield Hospitals, London)

15:00 **SESSION 4 - SMOKING CESSATION**
Smoking cessation: the role of the physiotherapist
Dr. Bihyiga Salhi (UZ Gent)

15:40 Q & A - Closing session

16:00 End of the programme



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LUIK**

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