

ASTHMA UNDER CONTROL?



Did you know that for your asthma patients - who use an inhaled corticosteroid, alone or in combination, in the form of a metered-dose or dry powder inhaler — you can prescribe a free consultation (GGG/BUM ASTHMA - Good Use of Medicines) with their pharmacist?

THE GGG/BUM ASTHMA PRESCRIPTION

- ✓ aims to optimize the use of inhalers through personalized guidance to improve treatment effectiveness.
- ✓ includes a free information session and a free follow-up session with the pharmacist.

Your patient can access personalized GGG/BUM ASTHMA in 3 ways:

✓ **by prescription** (add the mention "GGG/BUM ASTHMA")

✓ **at his/her own request** to the pharmacist

✓ **on the pharmacist's initiative**



Please note that not all asthma patients are eligible.

To check your patient's eligibility, see the decision tree below:

Does your patient still have insufficient asthma control despite treatment with inhaled corticosteroids?

YES

Has the patient had a GGG/BUM ASTHMA consultation in the past 12 months?

NO

Your patient is eligible for GGG/BUM ASTHMA

YES

Your patient is not eligible and must wait 12 months before being eligible again

NO

Has your patient started treatment with an inhaled corticosteroid (ICS) for the first time in the past 12 months?

NO

Your patient is not eligible

YES

Your patient is eligible for GGG/BUM ASTHMA

✓ WHAT DOES THE INFORMATION SESSION INCLUDE:

Improvement of patients' knowledge about asthma medication

Assessment of asthma control using the Asthma Control Test (ACT)

Clarification and assessment of inhalation technique

Improvement of treatment adherence

Discussion of side effects and corticofobia

✓ WHAT DOES THE FOLLOW-UP SESSION INCLUDE:

Reassessment of asthma control using the Asthma Control Test (ACT)

Assessment and improvement of inhalation technique

Monitoring of treatment adherence



Discussion of how the patient experiences the treatment

Final evaluation with the patient




On the website www.mypuff.be and in the **MyPuff app**, you can find videos and information sheets on the correct use of your inhaler.




An initiative of the  **BELGIAN RESPIRATORY SOCIETY** in collaboration with the working group  **NURSING**

This factsheet was created for World Asthma Day as part of the awareness campaign of the Belgian Respiratory Society in collaboration with the Belgian Lung Foundation.
Sources: Belgian Centre for Pharmacotherapeutic Information (BCFi/CBiP) & RIZIV/INAMI

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