

Belgian Respiratory Physiotherapy Day 2026

Preliminary program



Saturday 12th December 2026

MORNING

09.00	Welcome & registration
09.30	Opening session
09.35	THEME 1 - BODY COMPOSITION : FROM DIET RESTRICTION TO NUTRITIONAL SUPPLEMENTATION 1) The importance of body composition for respiratory diseases <i>Dr. Felipe Machado (U Hasselt)</i> 2) Dietary advice in respiratory disease: diet restriction <i>Dietitian : TBC</i> 3) Dietary advice in respiratory disease: nutritional supplementation <i>Prof. Marc Francaux (UCLouvain)</i>
11.05	Coffee-break
11.30	THEME 2 – PHYSICAL ACTIVITY CAN REPLACE TRADITIONAL DRAINAGE TECHNIQUES IN PATIENTS WITH RESPIRATORY DISEASES: A PRO/CON DEBATE 1) PRO <i>Prof. Zoe Saynor (University of Southampton)</i> 2) CON <i>Prof. William Poncin (UCLouvain)</i> 3) Panel discussion
13.00	LUNCH

AFTERNOON

14.00	THEME 3 - TREATABLE TREATS IN PATIENTS WITH ASTHMA 1) The medical treatment of patients with asthma: current guidelines <i>Prof. Guy Brusselle (UGent)</i> 2) Pulmonary rehabilitation in patients with asthma <i>Prof. Martijn Spruit (Maastricht University).</i> 3) Exercise-induced bronchoconstriction in children and adolescents <i>Mrs. Janne Goossens (KU Leuven/UZ Leuven)</i>
15.30	Closing session



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