

Belgian Respiratory Physiotherapy Day 2026

Preliminary program



Saturday 12th December 2026

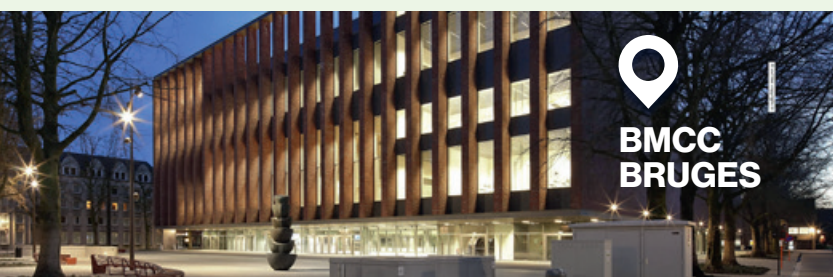
MORNING

09.00	Welcome & registration
09.20	Opening session
09.30	TREATABLE TRAITS IN PATIENTS WITH ASTHMA 1) Medical treatment of patients with asthma:GINA 2026 <i>Prof. Guy Brusselle (UGent)</i> 2) Pulmonary rehabilitation in patients with asthma <i>Dr. Steffi Janssen-Lemmens (Basalt revalidatie, Universiteit Maastricht)</i>
10.45	Coffee-break
11.15	PHYSICAL ACTIVITY CAN REPLACE TRADITIONAL DRAINAGE TECHNIQUES IN PATIENTS WITH RESPIRATORY DISEASES: A PRO/CON DEBATE 1) PRO <i>Prof. Zoe Saynor (University of Southampton)</i> 2) CON <i>Prof. William Poncin (UCLouvain)</i> 3) Panel discussion
12.30	LUNCH

AFTERNOON

13.30	HIGHLIGHTS FOR RESPIRATORY PHYSIOTHERAPISTS: RESEARCH FROM BELGIUM <i>During this session ongoing and/or recently finished research projects performed in Belgium will be presented. The session will include projects selected based on their clinical relevance and impact on respiratory physiotherapy.</i>
14.15	BODY COMPOSITION : FROM DIET RESTRICTION TO NUTRITIONAL SUPPLEMENTATION 1) The importance of body composition for CRD <i>Dr. Felipe Machado (UHasselt)</i> 1) Dietary advice in CRD: nutritional supplementation <i>Prof. Stéphanie Hody (ULiège)</i>
15.30	Closing session

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