Belgian Respiratory Physiotherapy Day 2026

Preliminary program

BELGIAN RESPIRATORY SOCIETY

Saturday 12th December 2026

MORNING

09.00	Welcome & registration
09.20	Opening session
09.30	**TREATABLE TRAITS IN PATIENTS WITH ASTHMA** **1) Medical treatment of patients with asthma:GINA 2026** *Prof. Guy Brusselle (UGent)* **2) Pulmonary rehabilitaton in patients with asthma** *Dr. Steffi Janssen-Lemmens (Basalt revalidatie, Universiteit Maastricht)*
10.45	Coffee-break
11.15	**PHYSICAL ACTIVITY CAN REPLACE TRADITIONAL DRAINAGE TECHNIQUES IN PATIENTS WITH RESPIRATORY DISEASES: A PRO/CON DEBATE** **1) PRO** *Prof. Zoe Saynor (University of Southampton)* **2) CON** *Prof. William Poncin (UCLouvain)* **3) Panel discussion**
12.30	LUNCH

AFTERNOON

13.30	**HIGHLIGHTS FOR RESPIRATORY PHYSIOTHERAPISTS: RESEARCH FROM BELGIUM** *During this session ongoing and/or recently finished research projects performed in Belgium will be presented. The session will include projects selected based on their clinical relevance and impact on respiratory physiotherapy.*
14.15	**BODY COMPOSITION : FROM DIET RESTRICTION TO NUTRITIONAL SUPPLEMENTATION** **1) The importance of body composition for CRD** *Dr. Felipe Machado (UHasselt)* **1) Dietary advice in CRD: nutritional supplementation** *Prof. Stéphanie Hody (ULiège)*
15.30	Closing session

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