Belgian Respiratory Physiotherapy Day 2026

Preliminary program

BELGIAN RESPIRATORY SOCIETY

Saturday 12th December 2026

MORNING

CHAIR: Prof. Heleen Demeyer

09.00 Welcome & registration

09.20 Opening session

09.30 **TREATABLE TRAITS IN PATIENTS WITH ASTHMA**

1) Medical treatment of patients with asthma:GINA 2026
Prof. Guy Brusselle (UGent)

2) Pulmonary rehabilitaton in patients with asthma
Dr. Steffi Janssen-Lemmens (Basalt revalidatie, Universiteit Maastricht)

10.45 Coffee-break

11.15 **PHYSICAL ACTIVITY CAN REPLACE TRADITIONAL DRAINAGE TECHNIQUES IN PATIENTS WITH RESPIRATORY DISEASES: A PRO/CON DEBATE**

1) PRO
Prof. Zoe Saynor (University of Southampton)

2) CON
Prof. William Poncin (UCLouvain)

3) Panel discussion

12.30 LUNCH

AFTERNOON

CHAIR: Prof. William Poncin

13.30 **HIGHLIGHTS FOR RESPIRATORY PHYSIOTHERAPISTS: RESEARCH FROM BELGIUM**

During this session ongoing and/or recently finished research projects performed in Belgium will be presented. The session will include projects selected based on their clinical relevance and impact on respiratory physiotherapy.

14.15 **BODY COMPOSITION : FROM DIET RESTRICTION TO NUTRITIONAL SUPPLEMENTATION**

1) The importance of body composition for CRD
Dr. Felipe Machado (UHasselt)

1) Dietary advice in CRD: nutritional supplementation
Prof. Stéphanie Hody (ULiège)

15.30 Closing session

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